

# Buon Appetito

The Real Italian Family run Restaurant

## Antipasti - Starters

(VG) (V) Pane all' Aglio	2
<i>Homemade bread, garlic and olive oil.</i>	
(V) Zucchine Fritte	7
<i>Deep fried courgettes.</i>	
(VG) (V) Bruschetta	7.5
<i>Homemade baked bread with chopped tomatoes, basil and olive oil.</i>	
(V) Mozzarella Fritta	8.5
<i>Deep fried mozzarella in breadcrumbs with spicy tomato sauce.</i>	
(V) Clasiisca Tricolore	8.5
<i>Fresh avocado, sliced with mozzarella cheese and fresh tomatoes.</i>	
Bruschetta Rustica	8
<i>Homemade bread baked in oven with garlic, olive oil, crispy bacon and mozzarella cheese.</i>	
Antipasto Misto	11
<i>Italian style selection of salami, ham and selection of vinegar vegetables.</i>	
(V) Parmigiana di Melanzane	8
<i>sliced aubergines cooked with tomato sauce, mozzarella &amp; parmesan cheese.</i>	
Cozze Napoletana	10
<i>Chef's Italian style mussels soup with tomatoes sauce and chilly.</i>	
Calamari Fritti	9.5
<i>Deep-fried calamari served with tartar sauce.</i>	
Soute Cozze e Vongole	11
<i>Selection of mussels and seaclams with chilly, white wine and touch of tomato sauce.</i>	
Gamberoni alla Paprika	12
<i>King prawns cooked in brandy and paprika sauce</i>	
Gamberoni alla Limone	12
<i>King Prawns cooked with white wine, lemon sauce and garlic.</i>	
Gamberoni alla Griglia	12
<i>Grilled King Prawns with olive oil, garlic and White wine.</i>	

## Insalate - Salads

(VG) (V) Insalata Peperomi	7.5
<i>Roasted peppers on a bed of salad</i>	
Insalata del Colosseo	7.5
<i>Cos lettuce, croutons, chicken ,Caesar dressing and parmesan cheese. Garnished with basil and olive oil.</i>	
(V) Insalata Rucola	7.5
<i>Rocket salad with fresh tomatoes and parmesan shaving.</i>	
(VG) (V) Insalata Mista	4.5
<i>Mixed salad</i>	
(V) Insalata Verde	4.5
<i>Green salad</i>	
(VG) (V) Insalata di pomodoro e cipolla	5
<i>Tomato and onion salad.</i>	

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## Main Courses

### Pollo - Chicken

*All served with potatoes sauté*

Pollo Valdostana	15.5
<i>Chicken breast cooked with ham, tomato sauce and mozzarella cheese.</i>	
Pollo Marengo	15.5
<i>Chicken breast cooked with mushrooms, asparagus in cream and tomato sauce.</i>	
Pollo Peperonato	15.5
<i>Chicken breast cooked with roasted peppers, chilli and tomato sauce.</i>	
Pollo Gorgonzola	15.5
<i>Chicken breast cooked with mushrooms, gorgonzola cheese and cream sauce.</i>	

### Carni - Meats

*All served with potatoes saute'*

Sirloin Steak	18.5
<i>Grilled sirloin 10oz</i>	
Fillet Steak	22
<i>Grilled Fillet steak 8 oz</i>	
Sliced tenderloin	22
<i>Grilled sliced fillet steak 8 oz</i>	
Rack of Lamb	22
<i>Grilled rack of lamb 10 oz</i>	

#### Choose your sauce

- Al Pepe Verde *Green peppercorn, brandy and cream sauce*
- Ai Formaggi *Selection of cheese and cream sauce*
- Al Pepe Nero *Black pepper, white wine and cream sauce.*
- Porto e Cipolla Tropea *Port wine and Tropea onions.*

### Vitello - Veal

*All served with potatoes saute'*

Vitello Milanese	24
<i>Veal escalope in bredcrumbs, eggs, flour, deep-fried and served with spaghetti in tomato sauce.</i>	
Vitello Saltimbocca	24
<i>Veal escalope with cured ham, white wine, olive oil and onions.</i>	
Vitello ai Funghi Porcini	24
<i>Veal escalope cooked with wild porcini mushrooms, onions, white wine and butter.</i>	
Vitello Alla Pizzaiola	24
<i>Veal ealope cooked with tomato sauce and chilli.</i>	

### Desce - Fish

*All served with potatoes saute'*

Spigola Pescatore	20
<i>Filletted sea bass cooked with our selection of seafood in olive oil, garlic, white wine, cherry and tomato sauce.</i>	
Spigola Verdurine	20
<i>Fileted sea bass cooked with selection of vegetables, white wine, olive oil, cherry tomatoes and garlic.</i>	
Spigola e Gamberoni alla Griglia	25
<i>Grilled fileted seabass and king Prawns with white wine, olive oil and garlic.</i>	
Salmon con Zucchine e Patate	17
<i>Salmon fillet with white wine, garlic, courgettes, and potatoes.</i>	
Salmon ella Fiorentina	17
<i>Grilled salmon fillet with olive oil, garlic on bed of spmach.</i>	
Salmon ella Griglia	17
<i>Grilled salmon fillet with white wine, olive oil and garlic.</i>	

We now offer Vegan dishes

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## Pasta

Your Choice of Spaghetti, Penne, Linguine, Tagliatelle

Zucchine e Gamberetti	9.5
<i>Baby prawns, corgettes, white wine, olive oil and cream sauce.</i>	
Alla Siciliana	8.5
<i>Pepperoni sausage, roasted peppers, chilli and tomato sauce.</i>	
Alla Carbonara	8.5
<i>Bacon, in fresh cream sauce and egg, Parmesan cheese</i>	
Alle Vongole	11
<i>Fresh sea clams, cherry tomatoes, garlic, olive oil, chilli and touch of tomato sauce.</i>	
Allo Scoglio	13
<i>Our selection of seafood, cherry tomatoes, Garlic, olive oil and tomato sauce.</i>	
Alla Bolognese	8.5
<i>Traditional bolognese sauce.</i>	
(V) (VG) Rucola	8.5
<i>garlic, tomatoes, fresh rocket.</i>	
Funghi Porcini	11
<i>Wild Porcini mushrooms, olive oil, onions, white wine and cream sauce.</i>	
Mare e Monti	9.5
<i>Fresh mushrooms, onions, olive oil and cream sauce</i>	
Vongole e Scampi	16
<i>Langoustines, sea clams, cherry tomatoes, garlic, olive oil.</i>	
Punta di Filetto	18
<i>Diced Fillet steak, garlic, olive oil, wild porcini mushrooms, white wine &amp; tomato sauce, cream sauce.</i>	

## Pasta Forno e Risotti

Lasagne Tradizionale	11
<i>Oven baked egg pasta layered. With bolognese sauce, béchamel, mozzarella, and Parmesan cheese.</i>	
Lasagne Funghi e Pancetta	12
<i>Oven baked egg pasta layered. With bacon, mushrooms, bolognese sauce, béchamel, mozzarella, and Parmesan cheese.</i>	
(V) Cannelloni Ricotta e Spinaci	11
<i>Oven-baked homemade cannelloni filled with ricotta cheese, spinach, béchamel, touch of tomato sauce, mozzarella and Parmesan cheese.</i>	
Risotto alla Pescatore	13
<i>Italian Arborio rice cooked with selection of sea food, cherry tomatoes, garlic and chilli.</i>	
Risotto Asparagi e Gamberetti	13
<i>Italian Arborio rice cooked with asparagus, garlic, olive oil, baby prawns.</i>	
(VG) (V) Risotto Ai Funghi Porcini	12
<i>Italian Arborio rice cooked with porcini wild mushrooms, garlic olive oil.</i>	

## Contorni - Sides

(VG) (V) Vegetali del giorno (Vegetables of day)	3
(VG) (V) Patate e Cipolla (Sautéed potatoes with onion)	3
(VG) (V) Patate e Rosmarino (Sautéed potatoes with rosmary)	3
(VG) (V) Patatine Fritte (French fries)	3
(V) Broccoli Gratinati al forno	5
<i>Broccoli beshamel sauce, parmesan, cheese &amp; mozzarella</i>	

## Pizza

Our pizza doughs are freshly daily homemade with Italian Caputo pizza flour and cooked on Stone.

(V) Pizza Margherita	7.5
<i>Tomato sauce, mozzarella and basil.</i>	
(VG) (V) Pizza Vegetali	9.5
<i>Tomato sauce, mushrooms, grilled aubergines and courgettes.</i>	
Pizza Capriccio	9.5
<i>Tomato sauce, mushrooms, ham, pepperoni sausages, olives, mozzarella.</i>	
Pizza Contandino	9.5
<i>Tomato sauce, mozzarella, roasted peppers, olives, pepperoni sausages, hot green peppers.</i>	
Pizza Piccante	9.5
<i>Tomato sauce, mozzarella, pepperoni sausages, hot green peppers.</i>	
Pizza Pescatore	12
<i>Tomato sauce, garlic, our selection of seafood.</i>	
Pizza Reginella	12
<i>Tomato sauce, buffalo mozzarella, fresh rocket and cured ham.</i>	
Calzone	11
<i>Folded Pizza filled with tomato sauce, mushrooms, ham, pepperoni sausages, olives, mozzarella.</i>	

Extra toppings 1.5 each

## Tortellini

Rustico	10
<i>Tortellini pasta filled with savoury meat, cooked with tomato sauce and shaving of Parmesan cheese.</i>	
Prosciutto e Funghi	10
<i>Tortellini pasta filled with savoury meat, cooked with mushrooms, ham, and cream sauce.</i>	
Al Burro e Parmigiano	10
<i>Tortellini pasta filled with ricotta and spinach cooked with butter, parmesan cheese, sage.</i>	
Gamberetti	10
<i>Tortellini pasta filled with ricotta and spinach cooked with baby prawns, tomato and cream sauce.</i>	
Zola e Tartufo	12
<i>Tortellini pasta filled with ricotta and spinach cooked with gorgonzola, Italian creamed truffe (tartufo) and cream sauce.</i>	

# Thank you!

### Food Allergies information:

Please tell to the manager. We have taken all reasonable steps to avoid the unintentional presence of allergens however we cannot guarantee that products are 100 percent free from allergens owing to cross-contamination.

(VG) Vegan (V) Vegetarian

A 10% service charge will be added on the final bill